

CREATOR

Give Thanks to the Lord,
for He is good.
Psalm 107:1



Chronicle



November 2017

"As a congregation named for our Creator, we are children of the Living God, beloved brothers and sisters of our Lord Jesus Christ, selflessly living out our faith in worship, fellowship, giving, education and outreach."

13 Things Mentally Strong People Won't Do

Adapted from an article on *LinkedIn* by: Travis Bradberry

We all reach critical points in our lives where our mental strength is tested. It might be a toxic friend or colleague, a dead-end job, or a struggling relationship. Whatever the challenge, we must see things through a new lens, and take decisive action.

Too many people succumb to the mistaken belief that mental strength comes from natural, unteachable traits that belong only to a lucky few. It's easy to fall prey to this misconception. Mental strength is a matter of *emotional intelligence* (EQ).

When it first appeared, *emotional intelligence* served as the missing link in a peculiar finding: people with average IQs outperform those with the highest IQs 70% of the time. This anomaly threw a massive wrench into the broadly held assumption that IQ was the most important source of success.

Emotional intelligence is the "something" in each of us that is a bit intangible. It affects how we manage behavior, navigate social complexities, and make personal decisions to achieve positive results.

Despite the significance of EQ, it's very difficult to know how much we have and what we can do to improve it if we lack it. (You can always take the scientifically validated test, that comes with the *Emotional Intelligence 2.0* book).

The beauty of EQ is that it's a flexible skill that we can easily improve with effort. *Anyone can enhance their EQ by emulating the habits of emotionally intelligent people. If you're up for it, start with these critical things that emotionally intelligent people are careful to avoid because they are tempting and easy to fall into.*

Continued on next page

Rev. Robert M. Blanton, Priest-In-Charge * office hours: Monday—Thursday, 9:00 a.m. — 12:00 p.m.

Please call the church office, 601-924-2261, to schedule an appointment.

They don't stay in their comfort zone.

Self-awareness is the foundation of EQ, and increasing self-awareness isn't comfortable. We can't increase our EQ without pushing ourselves to discover what we need to work on and what we should be doing differently. This is hard because when we take a good look at ourselves, we aren't going to like everything we see. It's comfortable to keep the blinders on, but blinders make certain that we'll never have a high EQ.

They don't give in to fear.

Bravery is being scared to death to do something and doing it anyway. Even when it comes to your career. It can be a fear of public speaking or going out on a limb to try for a promotion. If we use fear as an excuse not to do something, we've already lost. It's not that emotionally intelligent people aren't afraid – they simply pick themselves up and fight on regardless of the fear.

They don't stop believing in themselves.

Emotionally intelligent people persevere. They don't give up in the face of failure, and they don't give up because they're tired or uncomfortable. They're focused on their goals, not on momentary feelings, and that keeps them going even when things are hard. They don't take failing to mean that they're a failure. Likewise, they don't let the opinions of others keep them from chasing their dreams.

They don't beg for attention.

People who are always begging for attention are needy. They rely on that attention from other people to form their self-identity. Emotionally intelligent people couldn't care less about attention. They do what they want to do and what needs to be done, regardless of whether anyone is stroking their ego.

They don't act like jerks.

People who act like jerks are unhappy and insecure. They act like jerks because they don't have the emotional strength to be nice when they don't feel like it. Emotionally intelligent people place high value on their relationships, which means they treat everyone with respect, regardless of the kind of mood they're in.

They don't hold grudges.

The negative emotions that come with holding onto a grudge are a stress response. Holding onto stress wreaks havoc on our bodies and can have devastating health consequences over time. Research has shown that holding onto stress contributes to high blood pressure and heart disease. Holding onto a grudge means you're holding onto stress, and emotionally intelligent people know to avoid this at all costs.

They don't hang around negative people.

Negative people are bad news because they wallow in their problems and fail to focus on solutions. We often feel pressure to listen to negative people because we don't want to be callous or rude, but there's a fine line between lending a sympathetic ear to someone and getting sucked into a negative emotional spiral. Emotionally intelligent people avoid getting drawn in by setting limits and distancing themselves from negative people when necessary. Think of it this way: If a person were smoking, would you sit there all afternoon inhaling their second-hand smoke?

They don't feel sorry for themselves.

Feeling sorry for ourselves shifts our locus of control outside ourselves. Feeling sorry for ourselves is declaring that we're helpless victims of circumstance. Emotionally intelligent people don't feel sorry for themselves because that means giving up power.

They don't feel entitled.

People who lack EQ often feel entitled. They think that the world owes them something. Again, it's about locus of control. Emotionally intelligent people know that they alone are responsible for their successes or failures; and, that they deserve only what they earn.

They don't close their minds.

When we close their minds to new information or opinions, it's typically because we find them threatening. We think that admitting that someone else is right means that we're wrong, and that's very uncomfortable for people lacking EQ. Emotionally intelligent people aren't threatened by new things; They're open to new information and new ideas, even if it means admitting that they are wrong.

They don't let anyone limit their joy.

When our sense of pleasure and satisfaction are derived from comparing ourselves with others, we are no longer the master of our own happiness. When emotionally intelligent people feel good about something they've done, they don't let anyone's opinions or accomplishments take that away from them. While it's impossible to turn off our reactions to what others think of us, we don't have to compare ourselves with others, and we can always take people's opinions with a grain of salt. Regardless of what people think of us at any moment, one thing is certain – we're never as good or bad as they say we are.

They don't get eaten up by jealousy and envy.

Emotionally intelligent people understand that the happiness and success of others doesn't take away from their own, so jealousy and envy aren't an issue for them. They see success as being in unlimited supply, so they can celebrate others' successes.

They don't live in the past.

Failure can erode our self-confidence and make it hard to believe we'll achieve a better outcome in the future. Most of the time, failure results from taking risks and trying to achieve things that aren't easy. Emotionally intelligent people know that success lies in their ability to rise in the face of failure, and they can't do this if they're living in the past. Anything worth achieving is going to require our taking some risks, and we can't allow failure to stop us from believing in our ability to succeed. When we live in the past, that is exactly what happens – our past becomes our present and prevents us from moving forward.

Bringing It All Together

Improving our emotional intelligence is the single most important thing we can do to advance our careers and enrich our experience of life. The good news is that we can make it happen with a little determination, focused effort, and a good model to follow.

Yours in Christ +
Pastor Bob

Don't Forget

Daylight Savings Time ends Saturday,
November 4. Set your clocks back 1 hour before
going to bed.



**Come and
Join Us!**

Monthly Church Work Day

Saturday, November 18

8:30 - 11:30

There is a lot going on and we could really use some extra hands!

Mark Your Calendars

UPCOMING **EVENTS**




Prime Timers

Wednesday, November 1

12:00 - Healing Service

12:30 - Prime Timers' Pot Luck Lunch



All Saints Day Celebrated

November 5

Acolytes serving on All Saints

- | | |
|--------------------|---------------|
| Maddie Gray Braley | - Crucifer |
| Tristan McMullan | - Torch |
| Manny Diaz-Olarra | - Torch |
| Max Lanford | - Gospel Book |



Veteran's Day Observed

November 12



Christ the King Sunday

November 26

CREATOR FALL STUDY SCHEDULE

Sunday Seekers' Sessions

What is the Bible?

How an Ancient Library of Poems, Letters, and Stories Can Transform the Way You Think and Feel about Everything

Rob Bell writes:

“I’ve been reading and studying and exploring and rereading and rethinking and giving sermons from the Bible for twenty-five years, and I find it more compelling and mysterious and interesting and dangerous and convicting and helpful and strange and personal and inspiring and divine and enjoyable than ever.

“Some people see the Bible as an outdated book of primitive, barbaric fairy tales that we have moved beyond. And then there are folks who talk about how important and central and inspired the Bible is but then butcher it with their stilted literalism and stifling interpretations. But you, I want you to read the Bible in a whole new way,”

~ from *What is the Bible?*

Beginning Sunday, **September 10, 2017** and meeting Sundays from 9:15 to 10:15 am until **December 10, 2017** the *Sunday Seekers' Sessions* will be studying the works of **Rob Bell, Jim Palmer, Nadia Bolz-Weber, Rachel Held-Evans, and Paul Smith**. Pastor Bob will be leading a deep dive into written, audio, and video expressions of current insights into and speculations about the meaning of scripture and possible future directions in the evolution of religious practice.

Confirmation/Inquirers Classes

What is the Bible?

Why Are We Episcopalian?

Our mixed gathering of youth and adults will be studying material that parallels the *Sunday Seeker's Sessions* with emphasis on the humanity behind the scriptures and the revelation that we “cannot get to the holy without [being] human. When considering a passage, **Rob Bell** explains the worst question we can ask of a text (“Why did God . . . ?”) and the best question to ask (“Why did people find this important to write down?”) In asking these questions, [we will go] beyond the one-dimensional question of ‘is it true?’ to reveal the Bible’s surprisingly transformative power.”

Classes will begin Wednesday, **September 13, 2017** and will meet from 6:30 pm to 7:30 pm until **December 13, 2017**. Pastor Bob will be leading the classes. We will be discussing Scripture, Science, Religion, Culture, and Evolution with many video illustrations. Any question raised in this class will be addressed. No question will be dismissed as improper or too difficult to answer (Although, some questions may require the class to do some research).



Troop 345 would like to congratulate Glynn and Grant Heath on achieving the rank of Star Scout.



Scoutmaster, Troop #345

Chuck Runyan

601-668-5362

Email: runyancharlesdeb@bellsouth.net



Prepared. For Life.®



Pack 345



Cubmaster: Mike Milone
Assistant Cubmaster: Tom Simpson
Pack Committee: John Gardner, Chairman, Edie Hill,
 John Fox, Richard McMullan

Pack 345 Calendar - 2017 - 2018

<p>September</p> <p>17 Pack Committee Meeting, 11:30 am 21 New Parent Orientation, 6:30 pm 28 Pack Meeting, 6:00 pm</p> <p>October</p> <p>13-15 Akela Cub Weekend 20-22 Akela Cub Weekend 28 Brighton Park, 2:00 pm, Water Rockets</p> <p>November</p> <p>30 Pack Meeting, 6:00 pm, Guest is AMR</p> <p>December <i>No Pack Meeting</i>, Winter Pack Outing</p> <p>January</p> <p>25 Pack Meeting, 6:00 pm</p> <p>February</p> <p>4 Scout Sunday (@ church @ 10:00 am) 9-11 Cub Scout Polar Weekend 22 Pack Meeting, 6:00 pm (Pinewood Derby)</p>	<p>March</p> <p>1 Camp Card Sales Begin 24 District Pinewood Derby 29 Pack Meeting, 6:00 pm</p> <p>April</p> <p>12 Camp Card Sales End (money due) 13-15 Cuboree Weekend 26 Pack Meeting, 6:00 pm</p> <p>May</p> <p>3 Year-end Parent & Den Leader Meeting, 6:00 pm 31 Blue & Gold Banquet, 6:00 pm Graduation</p> <p>June - July</p> <p>TBD Cub / Webeles Summer Camp TBD District Day Camp TBD Pack Summer Outing</p>
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VESTRY DIGEST

The October 16 meeting of the Vestry of Creator:

Present: Bob Blanton, Priest in Charge, Joyce White, Senior Warden, Frank Hennington, Jr. Warden, Vicki Donaho, Doug George, Linda Piazza, Michael Piazza, Treasury Committee representative, Andrew Wilder

Absent: John Lanford, Dianne Martin, Clerk of the Vestry

Junior Warden's Report

- Delta Tree Services finished taking down and hauling off the dead pine tree. They bunched up most of the fallen dead tree trunks at the rear of the property behind the Stations of the Cross and also cut at least two dead tree limbs that were hanging over the parking lot. These were left where they fell and it will be up to us to pick up and move. Hope to get this done before Fall Festival.
- One of the AC Units has been replaced in the Parish Hall by Elmo's Heat and Air.
- The Ice maker is not making ice in the kitchen. I suggest we ask Clinton Refrigeration to look at it, they are familiar with it and have worked on it before.
- Work is continuing on replacing the doors from the narthex to the church with sliding doors.
- Nothing has been done to repair the brick wall over the large culvert between the two parking lots. This will remain on the list of things to fix.

Treasury Report

- Michael shared the vestry summary with summaries of the bank account, cash balance, and analysis of revenues and expenses.
- Vestry discussed preparing the annual stewardship commitment letter for mail out the first of November, so that we can prepare the 2018 church budget.
- General Fund Pledges are at 60% for year to date, and should be at 75%. Pledges are down from what was committed and forecast for 2017. We discussed the need for a letter asking that all commitments be made current, so that we do not end the calendar year with a deficit.

Old Business

- Vicky discussed the last minute planning details in preparation of the fall festival, Saturday, October 28.
- Narthex Update – the instillation of the barn doors in the church foyer is almost complete.
- The Plaque for the Schmidt Education building has been ordered and the Bible, in memory of Bill Schmidt has been placed on the pulpit for immediate use.
- Michael Piazza provided a brief update regarding the Parish Development Council. It was agreed upon to have a Parish Kick-Off Meeting, following the 10:30 service on Sunday, October 29, in the Parish Hall.

New Business

- The 2018 Stewardship Campaign was discussed above

Minutes of vestry meetings may be found on the bulletin board outside the administrator's office following their approval and correction if needed. If you would like a copy, please call the office and a copy will be provided to you via email.

CREATOR *November Calendar*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 12:00 am: Healing Service 12:30 pm: Prime Timers 6:30 pm: Cub Scouts 7:00 pm: Adult Choir 7:00 pm: Men's AA Group	2 12:00 pm: AA Meeting 6:00 pm: Cub Scouts	3	4 5 pm: AA / AI-Anon Meeting 
5 8:00 am: Mass 9:00 am: Sunday school 10:30 am: Mass All Saints Sunday	6 7:30 pm: DOA—Big Book Group	7 12:00 pm: AA Meeting 6:00 pm: Girl Scouts	8 6:30 pm: Cub Scouts 7:00 pm: Adult Choir 7:00 pm: Men's AA Group	9 12:00 pm: AA Meeting 6:00 pm: Cub Scouts	10	11 5 pm: AA / AI-Anon Meeting  Veterans Day
12 8:00 am: Mass 9:00 am: Sunday school 10:30 am: Mass Veteran's Day Observed	13 6:30 pm: Vestry 7:30 pm: DOA—Big Book Group	14 12:00 pm: AA Meeting	15 7:00 pm: Adult Choir 7:00 pm: Men's AA Group	16 12:00 pm: AA Meeting	17	18 5 pm: AA / AI-Anon Meeting Church Work Day
19 8:00 am: Mass 9:00 am: Sunday school 10:30 am: Mass	20 7:30 pm: DOA—Big Book Group	21 12:00 pm: AA Meeting	22 7:00 pm: Adult Choir 7:00 pm: Men's AA Group	23 12:00 pm: AA Meeting Thanksgiving 	24	25 5 pm: AA / AI-Anon Meeting
26 8:00 am: Mass 9:00 am: Sunday school 10:30 am: Mass Christ the King	27 7:30 pm: DOA—Big Book Group	28 12:00 pm: AA Meeting	29 7:00 pm: Adult Choir 7:00 pm: Men's AA Group	30 12:00 pm: AA Meeting 6:00 pm: Cub Scout Pack Meeting		

November Servers

	5 All Saints	12 Veteran's Day Observed	19	26 Christ the King	
Chalice	Mike Milone Richard McMullan	Bob White Joyce White	Mike Milone Tori Meyers	Bob White Chuck Runyan	
Lectors	Fred Shirley John Lanford	Chuck Runyan Deborah Runyan	Michael Piazza John Gardner	Richard McMullan Joan Blanton	
Prayers	Chuck Runyan	Janie Fields	Deborah Runyan	Fred Shirley	
Acolytes	See Schedule on page 5	Ruby Lanford Manny Diaz Olarra	Ruby Lanford Max Lanford	Rowan Braley Tristan McMullan	
Ushers	Tori Meyers Tristan McMullan	Doug George Abby Donaho	Tom Kany John Gardner	Vicky Donaho Rivers McMullan	
Altar	Katy Lanford	Rhea Estes	Beth Braley	Joyce White	
Home Communion		Edie Hill Tom Kany			
Vestry Person of the Day	Andrew Wilder	John Lanford	Linda Piazza	Joyce White	



Birthdays & Anniversaries



Birthdays

- 2 Jim Brantley
Tommye Kirksey
- 17 Cindy McMullan
- 18 Nancy Schmid
- 19 Bob Blanton
Michael Piazza

- 20 Liane Hostler
- 21 Becky Wright

Anniversaries

- 10 Bob & Joan Blanton
- 25 Bob & Joyce White

Episcopal Church of the Creator

Church Office Hours:

9:00 am—2 pm, Monday—Thursday

Presiding Bishop

The Most Reverend Michael Curry

Bishop

The Very Reverend Brian Seage

Priest-In-Charge

The Reverend Robert M. Blanton

Administrator

Beth Braley

theepiscopalchurchofthecreator@gmail.com

Choir Director

Ezra Wall

ewallmedia@gmail.com

Senior Warden

Joyce White, 601-924-3796

Junior Warden

Frank Hennington, 601-924-3056

Treasurer

Vacant

Vestry

Linda Piazza, 601-594-6704

Andrew Wilder, 601-842-0058

John Lanford, 601-708-4374

Doug George, 601-502-5063

Vicky Donaho, 601-924-5107

Contacts

Church Office

Administrator—Beth Braley, 601-924-2261, Home: 601-924-7889

Email: theepiscopalchurchofthecreator@gmail.com

Pastoral Emergencies

Rev. Robert M. Blanton, Cell: 601-291-0652

Polly Marshall, Cell: 601-953-2980

Acolytes

Mike Milone, Cell: 601-473-6305

Adult Christian Education

Rev. Robert M. Blanton, Cell: 601-291-0652

Altar Guild

Larry & Rhea Estes, Cell: 601-813-3859

Choir

Ezra Wall, Cell: 601-454-4811

Children's Christian Education

Rev. Robert M. Blanton, Cell: 601-291-0652

Columbarium

Wendy Brantley, Cell: 601-954-3946

Flower Guild

Becky Wright, Cell: 601-940-4861

Betty Sue Hennington, Cell: 601-955-9970

Funeral Guild

Linda Piazza, 601-594-6704

Parish Lunches & Special Events

Vicky Donaho, 601-924-5107

Scouting Committee Chairman

John Gardner, Cell: 601-955-3611

Scoutmaster

Chuck Runyan, Cell: 601-668-5362

Cubmaster

Mike Milone, Cell: 601-473-6305

Wedding Coordinator

Betty Sue Hennington, Cell: 601-955-9970



Episcopal Church of the Creator
1445 Clinton-Raymond Rd.
Clinton, MS 39056

*We are part of the Worldwide Anglican Communion and in communion with the
Archbishop of Canterbury.*

“We are a congregation of the Episcopal Diocese of Mississippi: One church in mission, inviting, transforming, and reconciling. We seek to serve Christ in all persons and to respect the dignity of every human being.”